

# San Juan Unified School District

Nov 2, 2020 thru Nov 30, 2020

Base Menu Spreadsheet

BRIDGES & ECE SNACK

Weighted Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/02/2020							
BRIDGES & ECE SNACK	Total	30					
GOLDFISH, CHEDDAR (CAMPBELL'S)	1 PACKAGE	30	100	170	2.0	14.0	0.00
JUICE, STRAWBRY KIWI (suncup)	1 EACH	30	60	*N/A*	*N/A*	14.0	*N/A*
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
Weighted Daily Average			219	*171	*2.85	42.95	*0.00
% of Calories					*5.2%	78.4%	*0.0%
Nutrient Guideline			0				

Tue - 11/03/2020							
BRIDGES & ECE SNACK	Total	30					
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	30	130	160	11.0	16.0	0.00
RAISINS ,USDA	1BOX	30	120	5	1.0	29.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
Weighted Daily Average			309	166	*12.85	59.95	*0.00
% of Calories					*16.6%	77.5%	*0.0%
Nutrient Guideline			0				

Wed - 11/04/2020							
BRIDGES & ECE SNACK	Total	30					
CHEESE, STRING (LAND O LAKES)	1 EACH	30	60	200	7.0	1.0	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	30	40	10	0.0	9.0	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2C	30	32	26	0.76	7.47	0.00
Weighted Daily Average			132	236	7.76	17.47	0.00
% of Calories					23.6%	53.1%	0.0%
Nutrient Guideline			0				

Thu - 11/05/2020							
BRIDGES & ECE SNACK	Total	30					
CHEEZ ITS (KELLOGG'S)	PACKAGE	30	100	150	2.0	14.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
RAISINS ,USDA	1BOX	30	120	5	1.0	29.0	0.00
Weighted Daily Average			279	156	*3.85	57.95	*0.00
% of Calories					*5.5%	83.0%	*0.0%
Nutrient Guideline			0				

Fri - 11/06/2020							
BRIDGES & ECE SNACK	Total	30					
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	30	130	160	11.0	16.0	0.00
APPLESAUCE IW CUP (USDA)	1 EACH	30	51	2	0.0	14.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
Weighted Daily Average			240	163	*11.85	44.95	*0.00
% of Calories					*19.7%	74.8%	*0.0%
Nutrient Guideline			0				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	Tr-Fat <sup>1</sup> (g)
Mon - 11/09/2020							
BRIDGES & ECE SNACK	Total	30					
CHEESE, STRING (LAND O LAKES)	1 EACH	30	60	200	7.0	1.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
RAISINS ,USDA	1BOX	30	120	5	1.0	29.0	0.00
Weighted Daily Average			239	206	*8.85	44.95	*0.00
% of Calories					*14.8%	75.1%	*0.0%
Nutrient Guideline			0				

Tue - 11/10/2020							
BRIDGES & ECE SNACK	Total	30					
MUFFIN VARIETY (SM)	1 EACH	30	118	74	2.4	19.5	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	30	40	10	0.0	9.0	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2C	30	32	26	0.76	7.47	0.00
Weighted Daily Average			189	110	3.16	35.97	0.00
% of Calories					6.7%	76.1%	0.0%
Nutrient Guideline			0				

Thu - 11/12/2020							
BRIDGES & ECE SNACK	Total	30					
GOLDFISH, CHEDDAR (CAMPBELL'S)	1 PACKAGE	30	100	170	2.0	14.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
APPLESAUCE IW CUP (USDA)	1 EACH	30	51	2	0.0	14.0	0.00
Weighted Daily Average			210	173	*2.85	42.95	*0.00
% of Calories					*5.4%	81.7%	*0.0%
Nutrient Guideline			0				

Fri - 11/13/2020							
BRIDGES & ECE SNACK	Total	30					
CORN STAR (DAVE'S BAKING)	1 EACH	30	148	91	2.8	23.0	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2C	30	32	26	0.76	7.47	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	30	40	10	0.0	9.0	0.00
Weighted Daily Average			220	127	3.56	39.47	0.00
% of Calories					6.5%	71.9%	0.0%
Nutrient Guideline			0				

Mon - 11/16/2020							
BRIDGES & ECE SNACK	Total	30					
MUFFIN VARIETY (SM)	1 EACH	30	118	74	2.4	19.5	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
RAISINS ,USDA	1BOX	30	120	5	1.0	29.0	0.00
Weighted Daily Average			297	80	*4.25	63.45	*0.00
% of Calories					*5.7%	85.5%	*0.0%
Nutrient Guideline			0				

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### Weighted Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/17/2020							
BRIDGES & ECE SNACK	Total	30					
CHEESE, STRING (LAND O LAKES)	1 EACH	30	60	200	7.0	1.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
APPLESAUCE IW CUP (USDA)	1 EACH	30	51	2	0.0	14.0	0.00
Weighted Daily Average			170	203	*7.85	29.95	*0.00
% of Calories					*18.4%	70.4%	*0.0%
Nutrient Guideline			0				

Wed - 11/18/2020							
BRIDGES & ECE SNACK	Total	30					
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	30	130	160	11.0	16.0	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	30	40	10	0.0	9.0	0.00
CARROTS, 2.6 OZ PKG	2.6 OZ PK 1/2C	30	32	26	0.76	7.47	0.00
Weighted Daily Average			202	196	11.76	32.47	0.00
% of Calories					23.3%	64.4%	0.0%
Nutrient Guideline			0				

Thu - 11/19/2020							
BRIDGES & ECE SNACK	Total	30					
GOLDFISH, CHEDDAR (CAMPBELL'S)	1 PACKAGE	30	100	170	2.0	14.0	0.00
RAISINS ,USDA	1BOX	30	120	5	1.0	29.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
Weighted Daily Average			279	176	*3.85	57.95	*0.00
% of Calories					*5.5%	83.0%	*0.0%
Nutrient Guideline			0				

Fri - 11/20/2020							
BRIDGES & ECE SNACK	Total	30					
CORN STAR (DAVE'S BAKING)	1 EACH	30	148	91	2.8	23.0	0.00
CARROTS, 2.6 OZ PKG	2.6 OZ PK 1/2C	30	32	26	0.76	7.47	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	30	40	10	0.0	9.0	0.00
Weighted Daily Average			220	127	3.56	39.47	0.00
% of Calories					6.5%	71.9%	0.0%
Nutrient Guideline			0				

Mon - 11/23/2020							
BRIDGES & ECE SNACK	Total	30					
GOLDFISH, CHEDDAR (CAMPBELL'S)	1 PACKAGE	30	100	170	2.0	14.0	0.00
APPLESAUCE IW CUP (USDA)	1 EACH	30	51	2	0.0	14.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
Weighted Daily Average			210	173	*2.85	42.95	*0.00
% of Calories					*5.4%	81.7%	*0.0%
Nutrient Guideline			0				

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Reimb Qty	Cals (kcal)	Sodm (mg)	Protn (g)	Carb (g)	Tr-Fat <sup>1</sup> (g)
Tue - 11/24/2020							
BRIDGES & ECE SNACK	Total	30					
MILK, PLAIN 1% (PRODUCERS)	1 CARTON	30	130	160	11.0	16.0	0.00
RAISINS ,USDA	1BOX	30	120	5	1.0	29.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
Weighted Daily Average			309	166	*12.85	59.95	*0.00
% of Calories					*16.6%	77.5%	*0.0%
Nutrient Guideline			0				

Wed - 11/25/2020							
BRIDGES & ECE SNACK	Total	30					
CHEESE, STRING (LAND O LAKES)	1 EACH	30	60	200	7.0	1.0	0.00
JUICE, PARADISE PUNCH (SUNCUP)	1 EACH	30	40	10	0.0	9.0	0.00
CARROTS,2.6 OZ PKG	2.6 OZ PK 1/2C	30	32	26	0.76	7.47	0.00
Weighted Daily Average			132	236	7.76	17.47	0.00
% of Calories					23.6%	53.1%	0.0%
Nutrient Guideline			0				

Mon - 11/30/2020							
BRIDGES & ECE SNACK	Total	30					
CHEESE, STRING (LAND O LAKES)	1 EACH	30	60	200	7.0	1.0	0.00
FRUIT, FRESH VARIETY (ELEMENT)	SVG (1/2 CUP)	30	59	1	*0.85	14.95	*0.00
RAISINS ,USDA	1BOX	30	120	5	1.0	29.0	0.00
Weighted Daily Average			239	206	*8.85	44.95	*0.00
% of Calories					*14.8%	75.1%	*0.0%
Nutrient Guideline			0				

Weighted Average			228	*171	*6.73	43.07	*0.00
					*11.8%	75.7%	*0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	228		0					
Sodium 1 (mg)	171				Missing		171	
Sodium 2 (mg)	171				Missing		171	
Protein (g)	6.73	11.83%			Missing			
Carbohydrate (g)	43.07	75.70%						
Trans Fat <sup>1</sup> (g)	0.00	0.00%			Missing			

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